

Breastfeeding Resources online:

www.freebreastpump.com

(you can click on the link to these breastfeeding websites)

motheringtouch.com

ameda.com

WIC locations: <http://www.odh.ohio.gov/~media/ODH/ASSETS/Files/ns/wic%20nutrition/wicclinicdirectory.ashx>

Lactation Consultant Associations
<http://www.ohio-olca.org> ilca.org usbreastfeeding.org

La Leche League - <http://www.llli.org/>

www.kellymom.com www.breastfeeding.com

Diane Wiessinger <http://normalfed.com>

breastfeedingmadesimple.com/ and nancymohrbacher.com

<http://www.nancymohrbacher.com/blog/2010/10/11/some-ins-and-outs-of-laid-back-breastfeeding.html>

www.breastfeedingonline.com lowmilksupply.org

tongue-tie www.cwgenna.com/quickhelp.html

www.brianpalmerdds.com/bfeed_frenulums.htm

www.kangaroomothercare.com biologicalnurturing.com

newborns.stanford.edu/Breastfeeding/MaxProductions.html

www.infantrisk.com and www.ibreastfeeding.com

Lact Med toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?LACT

breastfeedingusa.org/breastfeeding-information

Who.int/topics/breastfeeding/en

womenshealth.gov/breastfeeding

internationalbreastfeedingjournal.com

www.karengromada.com/mothering-multiples

Academy of Breastfeeding Medicine www.bfmed.org

Mothering Touch

www.freebreastpump.com

**If you are
breastfeeding
and have**

Ohio Medicaid

and/or

commercial insurance

**you may qualify for
a high-quality
double electric
breast pump at
no cost to you!**

Mothering Touch

Mother-Baby Services

419-525-4620

120 Sturges Ave., Suite #2

Mansfield, Ohio 44903

www.motheringtouch.com



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**ELECTRIC
BREAST
PUMP**

at no cost to you

**If you are breastfeeding
you may qualify for a high-quality
double electric breast pump**

**Paid for by Ohio Medicaid
or commercial insurance
(under the Affordable Care Act)**

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Are you having difficulty breastfeeding due to ???

- Sore nipples, breast infection
- Breast engorgement
- Infant having difficulty latching-on or difficulty feeding at breast
- Infant with genetic, neurologic, mechanical or other infant issues
- Premature, late preterm or multiples
- Ill or hospitalized breastfeeding infant or mother
- Mother or infant with special needs
- Concerns related to medications in mother's milk
- Need to supplement for low milk supply or infant's slow weight gain
- Very low milk supply and need to increase your milk production
- Other disorders or complications of lactation
- Temporary weaning; mother/infant separation such as return to school or work

To Qualify:

1. You **must** have delivered your new baby and be breastfeeding or providing breastmilk to your baby
2. You **must** be enrolled in:
Ohio Medicaid or

One of Ohio Medicaid Managed Care Plans:

- **Buckeye Community Health Plan**
 - **CareSource**
 - **Molina Healthcare of Ohio**
 - **Paramount Advantage**
 - **United Health Care Community Plan**
3. Some commercial insurance plans cover the cost of breast pumps under the Affordable Care Act. Call Mothering Touch for assistance.
 4. You **must** have a **prescription showing the mother's medical need** for a breast pump written by one of the following:
 - Physician (OB or Pediatrician)
 - Advanced Practice Nurse
 - Certified Nurse Midwife
 - Physician Assistant

For further information, HCPs may refer to Ohio Medicaid Code for medical necessity – 5103:3-1-01

Qualifying mothers can expect to have their breast pumps shipped within 24 hours after registration process is completed with Mothering Touch.

To Receive your Pump:

1. Contact a Lactation Consultant or WIC BPH for advice and assistance with breastfeeding difficulty.
2. You must contact Mothering Touch at **419-525-4620** to register by phone for a breast pump
3. You can print our RX request form from www.freebreastpump.com for your doctor to sign after baby's birth
4. Call us for details regarding your prescription. RX must state: **"electric breast pump E0603"**

Breast Pump Prescription must be written in:

1. mother's name (not baby's name)
2. include **mother's medical diagnosis**, showing **mother's medical need** for a breast pump

Example: "Breastfeeding Difficulty," "Low Milk Supply," "Sore Nipples," "Breast Engorgement," etc.

Breast Pump Prescription must be FAXed from a doctor's office, hospital or clinic to:

FAX: 419-522-1626

The Mothering Touch Breast Pump Program is a public service offered by a Board Certified Lactation Consultant, Carolyn Zara, MSN, CRNP, IBCLC with a goal to promote healthy beginnings for infants and mothers through breastfeeding. This program is designed to help mothers continue breastfeeding. For advice and assistance with breastfeeding difficulty please contact a Lactation Consultant at the hospital where you delivered, your OB clinic, local WIC or a La Leche League Leader.

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